

Woodburn Day Care Club

Information Leaflet



Woodburn Day Care Club

Welcome to the Club!

The core component of Woodburn Day Care Club is the respect and inclusion of all involved. Against an approach of mere containment, we endeavour to uplift and enhance the lives of our members and volunteers.



Our club provides an essential service for 48 elderly members who have a range of age related illnesses such as dementia, stroke, respiratory ailments, physical disabilities and mental health issues.

Our priorities are to help overcome social exclusion and isolation within this inviting friendly local project, through useful information, effective support and community and personal development.

Our aims and objectives are to help build confidence, alleviate isolation and boredom, encourage social interaction, help create a feeling of belonging and self worth, motivate and stimulate to help

promote a positive self image and utilise their life's skills and experiences.

An ethos of inclusion and care for social wellbeing tangibly pervades all aspects of the club's operation. The club operates to what we call a 'complex social inclusion model', which means that we actively seek to benefit several inter-linked beneficiary groups.

Volunteers

Volunteers are an essential part of our club. We have a large pool of volunteers who bring skills and enthusiasm to their work and in turn, get a tremendous sense of achievement and satisfaction from their role. Their massive contribution enables us to provide a valuable

and welcoming service. As with our members, we endeavour to be inclusive in all aspects of our club by offering volunteering opportunities for people with mental health problems, people with learning difficulties and people with physical disabilities. All ages are welcome.

Referrals

Our Members are referred to us through the Social Work Department, Community Psychiatric Teams, Home Care, family and also self-referral.

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Our Volunteers can also be referred by the Volunteer Centre Midlothian, the Orchard Centre, Link Living and Community Psychiatric Teams.

Training and Development for Volunteers

We offer basic training for volunteers using local health services and voluntary organisations on Health and Safety, Moving & Handling and on issues relating to our elderly members such as dementia and depression. We provide a safe environment where volunteers can improve their social and practical skills.

Carer Support Officer

Donna Hyslop



It is widely recognised that where there are people in need of care and support, there are inevitably, carers, who themselves need support. Our objectives are to develop and facilitate

an extensive range of innovative and personalised support services to carers, to give emotional and practical support and to help increase their social and networking capacity. Our approach is very much person centred, which is core to allowing the carers to articulate

the choices they seek to make and the support they require to achieve them.

Contact Donna's mobile 07784919550 or the main office 654 1770

E-mail: donna.hyslop@mvacvs.org.uk



It is also worth highlighting the club's role in building social capital for all of the people involved. Members, volunteers and carers are drawn into a powerful social network, which provides them with practical assistance, emotional support, information and access to services they may not have had otherwise.





Partnership Working

Woodburn Day Care Club works closely and appreciates the partnerships with other care services, including Health, Social Work, Home Care, Community Psychiatric Teams, Supporting organisations and other Voluntary organisations. These close networks are vital to the success of our club.

Contact Details

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Project Manager
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Club Opening Times:

Monday: 11:00am - 3:00pm
Tuesday: 11:00am - 3:00pm
Wednesday: 11:00am - 3:00pm
Thursday: 11:00am - 3:00pm

Office Hours:

8:30am—4:00pm
Monday—Friday

Woodburn Day Care Club is managed by MVA and is funded by:



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